As a federal worker, you are in a unique position to undermine the new regime and prevent the worst excesses of their violent and and discriminatory tendencies. With these techniques you may save lives. Together we can save lives. Together we can save

Despite their simple nature, these techniques have been battle tested over many years and, when deployed properly will: grind an organization to a halt, decrease morale, and produce knock-on effects.

This pamphlet presents a series of social techniques that can be used to perform simple non-violent sabotage. These techniques are simple to perform, do not require any money or material, produce minimal risk of reprisal, are difficult to prove, and do not raise the same ethical quandaries that other forms of the direct resistance might.

Introduction and Motivations:

A guide to non-violent workplace sabotage

# Ground Jah A ot

Elie Wiesel,
 Auschwitz
 survivor

"What hurts the victim most is not the cruelty of the oppressor but the silence of the bystander."

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- detriment of getting work done Always operate within the "margin
  - Insist following rules to the
  - Generally be obstructionist
    - Induce endless delays
      - Create accidents
  - · Display a level of stupidity
  - Engage in endless bickering
  - Create unpleasant situations
  - $\bullet$  Adopt a non-cooperative attitude
    - Make faulty decisions

bsmphlet:

We lay out the following principles as the guiding philosophy for all the techniques contained in this

In every organization there are always opportunities to cause chaos and to induce others to do the same.

General Principles:

#### **Techniques for Meetings:**

- Always insist on going through proper channels. Never take any shortcuts
- Make long patriotic speeches.
   Include long personal anecdotes and stories
- Refer all matters to committee
  when possible. Ensure that
  committees are always as large as
  possible (no fewer than five people)
- Frequently go off topic and bring up irrelevant details
- Engage in extended negotiations over the precise wording of minutes and resolutions
- Re-open already decided upon matters, and attempt to refer them back to committees again
- Always advocate "caution" and "reasonableness". Worry about how things may embarrass the regime
- Question your jurisdiction over matters. Caution others against making decisions as they may step on the toes of superiors

#### **Techniques for Managers:**

- Insist everything be in writing
- Misunderstand orders, ask endless questions, quibble over details
- Delay the delivery of orders as long as possible. Even if parts of an order are ready to transmit
- Don't order new materials until stocks are almost entirely depleted
- Order hard to get high-quality materials. Complain about the quality of inferior materials
- Always assign unimportant jobs first. Make sure important jobs go to the least qualified workers
- Insist on perfection for unimportant work. Overlook non-obvious defects in important work
- Misroute materials and supplies where possible
- Give incomplete and/or misleading training to new workers
- Promote and praise bad workers, chastise and demote good workers
- Hold meetings when there is critical work to be done
- Make additional paperwork whenever possible
- See to it that three people must approve things in situations where only one would be sufficient

### **Techniques for Workers:**

- Make mistakes when copying orders. Mix up digits, use wrong addresses, confuse similar names
- Engage in prolonged correspondence with bureaucracies
- · Misfile essential documents
- When making copies, accidentally make one too few
- Tell callers that the boss is too busy to meet, even when they are not
- · Spread disruptive rumors
- Work slowly, find ways to limit your efficiency with bad tools, etc.
- Interrupt your work as often and as long as possible
- Forget your tools so you have to go get them
- Misunderstand instructions, have them repeated endlessly
- Never pass on skills or knowledge to new workers
- Fill out forms illegibly or incorrectly so that they must be redone
- Join a union, see that the union causes as much trouble as possible for the boss
- Misroute materials
- Accidentally mix good parts with bad, unusable, or rejected parts

## General Techniques for Lowering Morale and Creating Confusion:

- Give lengthy and incomprehensible explanations when questioned
- Report imaginary spies and saboteurs to the police and HR
- Act stupid
- Be as irritable and ill-tempered as you can get away with without getting into trouble
- Misunderstand rules and regulations, particularly with regard to logistics, transportation, and traffic
- Complain about inferior materials, even when the materials are fine
- Treat all MAGA and DOGE supporters coldly
- Cease all conversations whenever MAGA or DOGE supporters enter the room
- Cry and sob hysterically, especially when confronted by authority figures
- Boycott all media, movies, books, TV shows, products, and other things that are associated with MAGA or DOGE
- <u>DO NOT COOPERATE WITH</u> <u>MAGA OR DOGE</u>